

# *the* GENESIS PROCESS

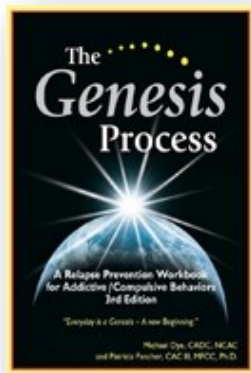
## RECOVERY COACH TRAINING

Mount Vernon, WA  
Sept 27—30, 2021

### CONTACT US

Alan and Amy Muia  
c/o New Earth Recovery  
PO Box 1473, Mount Vernon, WA 98273  
360.848.9281 ▪ [info@NERecovery.org](mailto:info@NERecovery.org)

Register for this course by visiting the events  
page at: <https://www.nerecovery.org/>

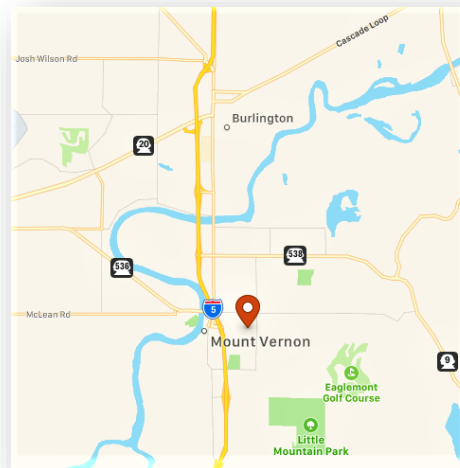


For more information on the Genesis Process,  
visit [www.genesisprocess.org](http://www.genesisprocess.org)

### CONFERENCE LOCATION

Mount Vernon, WA  
Facility to be announced.

Mount Vernon, WA is located on I-5, about 1.5  
hours north of Sea-Tac airport, or about 40  
minutes south of Bellingham International Airport.



Join Genesis Associates Alan and Amy Muia in  
Mount Vernon, WA for this 4-day intensive  
Genesis Training!

We'll explore the roots of destructive patterns that  
keep others—and ourselves—trapped in cycles of  
bondage: workaholism, food, anxiety, codependency,  
sex, shopping, alcohol, porn, substances, and other  
self-comforts.



We'll tackle questions like:  
How do addictions and  
compulsions function in  
the brain? Why is it so  
hard to get free, despite  
our promises and resolve?  
How do false beliefs  
contribute to our stuck

behaviors? How do destructive patterns get started?  
What's the role of trusting relationships in healing?  
How can we get free? And how can we best help those  
who are struggling, without enabling?

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## THE GENESIS PROCESS

THE GENESIS PROCESS provides a functional and neurochemical understanding of what's broken—what causes self-destruction and self-sabotage. If we don't first understand what's broken, how can we devise a recovery plan that works? The goal of The Genesis Process and Programs, through relapse prevention best practices, principles of neurochemistry, life skills, and emotional healing, is to make possible the successful restoration of broken lives.

The Genesis Process Workbook, when facilitated by a certified Genesis Process counselor, has proven successful in diverse settings. While the main focus of the Genesis Process is to serve those suffering from substance use disorder, it is easily adaptable to other self-destructive behaviors. Grounded in Biblical understandings, the process is also sensitive to each client's personal spiritual journey.

## COURSE CONTENT

- Neurochemistry's impact on pervasive and unconscious relapse
- Uncovering and challenging faulty beliefs that drive destructive behavior
- Turning mistakes into opportunities for growth—including relapses
- Addressing root causes of behavior
- Predicting relapse with the FASTER scale: understanding and interrupting "dry relapse" patterns
- Assessing the client's willingness and capacity to change
- Developing a sustainable, successful relapse prevention lifestyle
- Administering spiritual and emotional healing
- Promoting client ownership of recovery through self-discovery questions
- From isolation to community: the importance of trust, safe connections, and accountability

## WHO CAN BENEFIT?

This training is designed for lay persons, pastors, or agency/ministry workers who want to guide individuals through the one-on-one Genesis process. It is also open to those who want to explore their own addictions or stuck places; family members or friends who want to gain a greater understanding of why their loved ones are struggling; and anyone who wants to better understand how addiction works.

## WHAT TO EXPECT

This is a four-day intensive, in-person interactive seminar that includes individual and partner exercises. The training runs 8 hours per day, with evening homework. In the training, you'll learn effective problem-solving techniques built around a comprehensive, ten-process client workbook and step-by-step counselor's guide.

Each participant brings a "stuck area" to work on during the week. We are most effective as helpers when we practice vulnerability and are actively seeking healing for our own issues. Trainees often report that while they came with the intention of helping others, they received healing themselves during the week.

## PRESENTERS

Genesis Associates **Alan and Amy Muia** worked for many years as chaplains in the county jail with struggling and addicted individuals. For the past ten years, they have served as the founders and directors of New Earth Recovery, a residential recovery program in Mount Vernon, WA, where they oversee three homes utilizing Genesis tools. Holding advanced degrees in education, they enjoy teaching the Genesis principles in congregations, agencies, and community groups. They feel passionate about helping others gain freedom from shame, isolation, and addictions of all kinds. For more information, visit <https://www.nerecovery.org/>

## REGISTRATION

### Course fees:

- \$495/early registration (before Sept 13, 2021)
- \$545/late registration (after Sept 13, 2021)
- \$275 Alumni rate (certificate of prior training required)
- \$50 cancellation fee

Register online and pay for the course by visiting the events page at: <https://www.nerecovery.org/>

You may also register by sending a check (made payable to Muia Consulting):

New Earth Recovery  
PO Box 1473  
Mount Vernon, WA 98273

### Schedule:

- Check-in begins 8:00 am on Monday, Sept 27.
- Course runs Monday-Thursday, 8:30 am—5:30 pm.
- We'll enjoy coffee breaks together. Lunches for purchase on site may be available; more information following registration.

